

Emergency/Disaster Preparedness Kits

- **Water**
 - Store in plastic sterile containers
 - Store in cool, dark area
 - Buy bottled water with an expiration date
 - Tap water may be stored for up to two weeks
 - Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
 - Each person needs one gallon of water per day
- **Food**
 - Store a supply of three to five days of nonperishable food per person
 - Suggested items include canned or boxed juices, soup, peanut butter, jelly, granola bars, canned meats, canned fruits and vegetables
 - Store foods that require no refrigeration and little preparation or cooking
 - Include a manual can opener
- **First Aid Kit** (<https://simplywellblog.org/2017/01/24/prepare-your-home-first-aid-kit/>)
- **Tools/Supplies**
 - Phone chargers
 - Batteries of assorted sizes
 - Small fire extinguisher
 - Toilet paper, soap, liquid detergent
 - Waterproof matches
 - Flashlight
 - Plastic storage containers
 - Battery-operated radio
 - Sewing supplies
 - Carbon monoxide/smoke detectors
 - Signal flares
 - Cash and/or travelers' checks
 - Household chlorine bleach
 - Nonelectric can opener and utility knife
 - Wrench to shut off gas and water in your house
 - Paper cups, plates, plastic utensils
- **Clothing/Bedding**
 - At least three complete changes of clothing and footwear per person
 - Sturdy shoes or work boots
 - Rain gear
 - Hat and gloves
 - Thermal underwear
 - Sunglasses

- Blankets, pillows, sleeping bags
- Toiletries**
 - Toothbrush/toothpaste
 - Toilet paper
 - Soap
 - Hand sanitizer
- Health Care Items**
 - Medications and prescriptions
 - Eyewear, contact lens supplies
 - Hearing aids and supplies
 - Medical history
 - Primary care physician name and contact information
 - Ambulatory assistance devices (e.g., cane, walker)
 - Denture supplies
 - Incontinence supplies/adult diapers
 - Description of special needs
- Important Documents (store in firebox or waterproof container)**
 - License
 - Insurance policies
 - Passports
 - Immunization records
 - Stocks and bonds/financial records
 - Credit card accounts
 - Social Security cards
 - Will, health care proxy
 - Important telephone numbers and family records
 - Contracts and deeds
- Babies/Children**
 - Formula/ breast milk
 - Diapers/wipes
 - Bottles
 - Powdered milk
- Pets**
 - Medications and medical records stored in a waterproof container
 - Sturdy leashes, harnesses and/or carriers to transport pets and ensure pets can't escape
 - Current photos of your pets in case they get lost
 - Food, potable water, bowls, cat litter/pan
 - Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian in case you have to foster or board your pets
 - Pet beds and toys, if easily transportable